

COASTIN'

Choreographed by Ray&Tina Yeoman (UK, 01202 603563)

Description: 40-count, 4-wall, intermediate, line dance

Dance Music : "Lord of the Dance", 104 - 130+ bpm

Teach Music : Use first (slow) section of above track

WALK R, L , KICK R, COASTER, KBC

1-2 Step R foot fwd, Step L foot fwd

3&4 Kick R foot fwd, Step R foot back in place

5&6 Step L back, Step R beside L, Step L fwd

7&8 Kick R fwd, Step R beside L, Step L in place

9-16 Repeat 1-8

IRISH HEEL / TOE TOUCHES (X2, R THEN L)

Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")

17&18 Touch R heel slightly fwd, Step R beside L, Touch L toe beside R

19&20 Touch L heel slightly fwd, Step L beside R, Touch R toe beside L

21-24 Repeat 17-20

R FWD, SIDE, TRIPLE (R THEN L)

25-26 Touch R heel fwd, Touch R heel to R side

27&28 Shuffle on spot (R, L, R)

29-30 Touch L heel fwd, Touch L heel to L side

31&32 Shuffle on spot (L, R, L)

R STEP TO R, SLIDE, 1/4 TURNING SHUFFLE, STEP, PIVOT, SHUFFLE

(Remove hands from hips now)

33-34 Step R to R, Slide L up beside R with Clap

35&36 Shuffle to R with 1/4 turn R (R, L, R)

37-38 Step fwd L, Pivot turn 1/2 R

39-40 Shuffle fwd (L, R, L)